

NEWSLETTER

Fairfield Equity Coalition's Weekly Newsletter



Fairfield Equity Coalition is a youth-led organization taking local action to reimagine Fairfield's definition of what constitutes a comprehensive education. Our goal is to push for equitable policy and curriculum changes within Fairfield Public Schools while raising awareness on injustices against marginalized populations within our community.

Welcome to our **twenty-fifth** newsletter! As a community newsletter, we encourage our readership to reach out with suggested items. Thank you for keeping up with our coalition!

COALITION UPDATE

As the end of this year nears, FEC is eagerly finalizing the very last items to our months-long equity work and collaboration. After beginning this initiative in late May of this year, we are thrilled to finally share the fruits of our labor.

In exactly one week from today (12/28), FEC's Publication Day will be here! Our report "Promoting Anti-Racism and Racial Equity in Fairfield Public Schools" will be released through our communication channels and on our website, along with its summary and the local data we collected from FPS students, alum, faculty, and staff.

Since we are an organization seeking to advocate for members of the Fairfield community, we will also be releasing a feedback form so anyone with questions or comments may share them directly with our coalition. We hope this form will spark the beginning of a long, inclusive conversation around promoting anti-racism and racial equity.

Check out the last of our report content teasers which will be posted on our social media pages this week!

IN THIS ISSUE

**COALITION UPDATE:
WHERE WE ARE NOW &
WHERE WE ARE GOING**

**LOCAL HAPPENINGS
AND OPPORTUNITIES**

ACTION ITEMS

THIS WEEK WE'RE...

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LOCAL HAPPENINGS

- **Tuesday, December 22nd, 12:00 PM - 1:00 PM via Facebook Live:** "The History of Connecticut Food: Our Delicious Origins" online discussion hosted by [Connecticut's Old State House](#). Learn about Connecticut's rich history and traditions of food from our many different cultures. Details [here](#).
- **Wednesday, December 23rd, 4:00 PM - 5:00 PM via WebEx:** "Financial Aid Information Session" free event hosted by [Middlesex Community College](#). Join this session to learn generally about the complexities of financing one's higher education. Details [here](#).

ACTION ITEM *a way to make a difference today*

Connecticut is known for our long, bitterly cold winters; just last week, we had our very first (and a big one at that) snow storm of the season! Staying warm can feel like a Herculean effort. For many people, though, keeping warm and healthy is made that much more difficult if they are experiencing financial or housing insecurity. Staying out of the cold affects one's livelihood and even survival (see this recent article on the [fatality of the cold](#)). The [Naugatuck Chamber of Commerce](#) is raising funds for their [Warm Someone's Heart Online Blanket Drive](#). If you are able and willing, help ensure our fellow Nutmeggers don't freeze this winter.

THIS WEEK WE'RE...

Reading "[10 Great Tips for Keeping Your Resolutions This Year](#)" by [Kendra Cherry](#) for [VeryWellMind](#). As we near the start of 2021, a lot of people will be thinking of their annual New Year's resolutions. However, this yearly ritual, writes Cherry, can potentially lead to self-sabotaging or other harmful practices. How we decide on our resolutions and how we try to achieve them are both vulnerable to unhealthy behaviors. We hope this article can help anyone interested in making resolutions do so in a healthy, supportive, and effective way.

GET INVOLVED

We are always seeking new members and leaders! If you are a current student or alumni of FPS and are interested in further involvement, please [fill out this survey](#). If you are a teacher, administrator, parent, or Fairfield resident, please email us at fairfeldequitycoalition@gmail.com to get involved.

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